



MISSISSIPPI LITTLE LEAGUE BATTING CAGE INFORMATION/RULES

- Only players registered with MLL may use the batting cage during an MLL batting cage booking.
- No players should enter the machine room at any time.
- Batters **MUST** wear helmets inside tunnels at all times.
- Only MLL/coaching staff are permitted to run and adjust pitching machines.
- Another adult must be present at the plate end of the batting cage to spot/supervise the batter anytime the machine is running
- Coaches are responsible for the actions of the youth in the training area. Misconduct will result in immediate termination of privileges. Horseplay/fooling around will not be tolerated.
- No food or drink allowed in the training areas.
- All balls must be picked up and returned to their proper place after use.
- Batters must wear appropriate shoes.
- No person under the influence of Drugs or Alcohol is permitted to use the batting cages.
- Balls may be pitched at any time. BE ALERT at all times.
- No one under the age of 6 years old is permitted to use the pitching machines.
- Anyone under the age of 18 must have adult/coach supervision on site. Helmets must be provided by the user.
- Encourage the players to use the bats provided at the batting cage, the machine balls can damage their from-home bats.
- The only people swinging a bat are those inside the batting cage
- Do not throw balls back at pitching machines.
- No gum or sunflower seeds may be chewed while in the facility.
- To limit clutter and tripping hazards we encourage all sports bags to remain away from the batting cage. Only bring in equipment that is needed. Example helmet and bat only.
- No pulling or hanging on any of the netting in the batting cages and/or surrounding the training area. - CAUTION! Injuries could result from the use of these devices. Users should assume the inherent risks of batting baseballs and softballs. If users have any questions about the use of these devices or the inherent risks associated with the use of these devices, ask the coaching staff or MLL before using the batting cages.

Height Adjusting Handle:

Rotating the height adjusting handle raises or lowers the spring boom so that the height of pitch is changed by altering the firing point of the arm. (This is a **minor adjustment for the pitch elevation** that can be made while the machine is in operation.) Turning the height adjusting handle clockwise lowers the pitch (by raising the boom); while turning the height adjusting handle counterclockwise raises the pitch (by lowering the boom).

The height adjusting handle should **not** be used to make all pitching height adjustments. The major adjustment for elevation should be made with the pitching hand by changing the angle of the hand with that of the pitching arm. (Note that when setting the *hand adjustment* for the machine, the height adjusting handle should be approximately in the *center* of its range.)

During operation, if the height adjusting handle tends to “walk” (not stay in the same position), then the locknuts underneath the height adjusting bracket can be “locked” against the bracket itself, but be sure to “unlock” the lock nuts before making further adjustments and then retighten afterwards.

IMPORTANT Do not *over adjust* the height adjusting handle. If the power cable is cutting into the ball stop, then readjust the hand angle and lower the spring boom height.

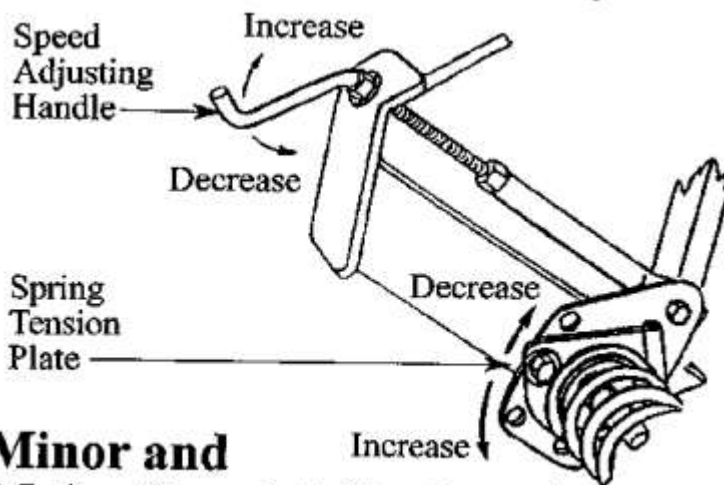


Pitching Speed

(MA4, MA5, MP4 MP5 & MP6)

The speed of the pitch depends on the amount of tension applied to the torsion spring (coil). This spring is located at the back of the machine on the spring boom. There are three ways to change the speed of the pitch.

The first way is the speed adjustment handle. Rotating the speed adjustment handle clockwise will increase the speed of the pitch and rotating counterclockwise will decrease the speed. This is the minor adjustment and the only one that can be done while the machine is in operation.



Note: Change speed setting before changing height

Minor and Major Speed Adjustments